

The Theological Science Society, Int.

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This Being Our Visit & Chat For November 2020

My Dear Friend and Fellow Member,

Most countries celebrate a time of *Giving Thanks* at varying times of the year. Usually this is done after the harvest is complete. Thanksgiving in the United States, is celebrated on the fourth Thursday of November is one of the most celebrated holidays of the year. This being the year of COVID, many things are different this year. Family celebrations and gatherings are greatly discouraged due to safety concerns. Everyone is encourage to limit their exposure to those in their household (today referred to as a Pod). Those of us who live alone are connecting with a friend or neighbor when lucky as I Am.

This festive Fall holiday is still a time of *Thanks Giving!* Rightly so, it is a time to let ourselves reflect on the blessings we do have. No matter how scary, how strange and odd it seems to us right now, there are things for which we *Can* be grateful and Thankful. The one thing which I have repeatedly heard from others is that “yes it’s been a rough year and a lot of good has also come out of it to: we are closer as a family – I’m enjoying staying home and the slower pace – we were more active outside doing things together – I started a new hobby or picked up an old one I’d forgotten about. And, the list goes on.... what has changed for the better in your life?

It has often been said that if the only prayer we ever said was "Thank you," it would be enough. I know that when I take my attention off problems and put it on what I have to be grateful for, I feel so much better. But how does one do this, when the problems seem so large and overbearing? Here's a way that works every time. Take a moment and try it:

Think of some problem that may be bothering you right now and causing you to feel less than joyful. See it in your mind’s eye, or a symbol of that problem, right out in front of you. What color is it? Notice different aspects, shapes, colors, people, or situations. When it is clear, simply put a frame around it, like it is a picture. Now, move the picture about 100 yards away, about the size of a football field, off in the distance, and see it very small, and far away. Notice the very small, framed picture of your problem, and now watch it change to a black & white, framed picture. Notice how you now feel. Is the emotional charge taken out of it?

Now, take a deep breath, open your eyes and look around the room.

Now, call into your memory all the wonderful things, experiences, and people that you are truly grateful for. See them in your mind's eye, right in front of you. See them in bright, vivid colors, have them close to you, surrounding you and notice any fine details. See from your own eyes as if it were actually happening. See yourself surrounded in bright, beautiful, full color detail all the people,

experiences or things you are truly grateful for. Ponder this for a few moments. Notice how good you feel.

This powerful NLP process can help you to manage your emotional state and help you do the things that contribute to your general well-being. From time to time between now and the new year recall the vivid image of all that you are grateful for, and allow, the other B&W frame to stay off in the distance.

Now we are going to get into the business of our Monthly Chat Letter for this month. Our topic is the Creative Power of our word. Those of you who have been associated with us for some time are well aware of the *Creative Power* of our words and the care we are reminded to use in choosing our words and thoughts and emotions – for they are powerful indeed!

So, join us in consciousness won't you, as we explore more about our *inner world* and the Power of our thoughts and emotions.

It is your spiritual understanding and consciousness - not the level of your formal education which determines the amount of good which flows into your life. Your realization and appreciation of your at-one-ment or *oneness* with Infinite Omnipresence, or God, or Jehovah, or Allah, or Vishnu, or other recognized Deity - and the creative nature of Thought - that will enable you to change your life and affairs by the simple process of changing your habits of thinking. Our Thoughts are creative. Your thoughts determine the conditions in and of your life and affairs, just as Universal Thought, or the Law of Cause and Effect, Is The First Cause of Life and Being.

Regardless of your religious philosophies, the fact remains that You Are a definite part, or degree, of, and One with, Infinite Omnipresence, God, and actually the Infinite Omnipresence of Natural Law, or Cause and Effect, on every plane of existence. This is the Truth of Being, based upon the principles of the Knowledge of the Law of Cause and Effect and, therefore, workable and provable. There can be no denial of the Truth that for any and every effect, or condition, in and of your life and affairs, there must have been a Cause. And, for every Cause established in your consciousness there is an effect or condition identical to the nature of the Thought, which compelled it.

It is never necessary to oppose, or attack, or seek to overcome any undesirable condition. What we focus on always expands in our life. Focusing our attention on any condition of distress increases its influence in our life. This keeps it active in our life by nourishing it with our Thoughts. We actually make the matter worse by giving it more attention and power. What you should do when distressed by any undesirable condition in your life and affairs, is turn to the solution. What is it you would rather be feeling and experiencing right now.

That much gathers more is true and provable on every plane of existence; and it is equally true that lack and loss leads to greater loss. Mind is creative, and conditions, environment and all experiences in life are results of your habitual, or predominant mental attitude. The attitude of mind depends upon what we think; therefore the Secret of All Power, all achievement and all possession depends upon our method of thinking. This is true because you must "Be" before you

can “Do,” and you can “Do” only to the extent which you “Are,” and what you “Are” depends upon what you Think. You cannot express Powers you do not possess. The ONLY way by which you may acquire possession of Power is to become conscious of Power - and you can never become conscious of Power until you learn to realize that All Power is from Within.

You live in two worlds, NOT in one; the subjective world Within, and the objective world without. The mass of humanity have learned to live in the objective world of conscious humanity, influenced by ignorance, negation and weakness. The objective world is that which is objectified in our world or that which appears real in our reality. I believe that the tide is turning and more and more people today are aware of the subjective world of spiritual Power and Intelligence. These folks are enjoying the Good things of Life and Life Itself.

That there is a world Within cannot be denied. The world within is a world of thought and feeling and power - of light and life and beauty. Although invisible, It is the Source of All manifested Power. The world within us is governed by Mind; and the discovery of this world within leads us to Understanding; the solution of every problem; the Cause of every effect; and since the world within is subject to our control, all Laws of Power, Achievement and possession are also within our control. (See Matthew 6:33)

The world without is a reflection of the world within. What appears without is what has been found and developed within. The world within is the Subconscious, or Omni-conscious Mind, Which is The Real You, or What The First Book of Moses, or Book of Genesis, shows to Be “the living Soul” occupying the “temple,” or body you are now wearing. (Genesis 2:7)

If you are familiar with icebergs you know that the iceberg we see in the ocean is literally only the *tip*; beneath the surface lies the larger mass - a full 90% of what we see on the top. The same is true of answered prayers or as I would say our manifestations or demonstrations - which are 90% complete **before** we see them in our reality!

The Omni-conscious Mind, being the evidence of Your spiritual-mental at-one-ment with Infinite Omnipresence, IS All Knowing, All-seeing, and All-understanding, and contains within Itself Infinite Wisdom, Infinite Power, Infinite Supply of All that is necessary, only awaiting unfoldment, development and expression in your life and affairs. If you recognize these potentialities in the world within (subconscious) they will take form in the world without. And when you begin to realize that All Your Power is Within you, you will begin to appreciate the reason for what is commonly called Intuition, or intuitive guidance, which you should “hear” and heed.

Harmony within you will be reflected in the world without as harmonious conditions, desirable environment and surroundings. You will develop the ability to enjoy the best of all that Life can offer. This is true for all come into harmony with the Law of their Being. The world within is the source of health, and the essential to all achievement and attainment.

Harmony in the world within is simply the effect of controlling your thought processes, for in control of EVERY thought which you entertain or create you establish the causes of action and conditions, which enables you to determine just how any experience is to affect you. Harmony

in the world within means harmonious thinking, which results in optimism and affluence; and affluence within results in affluence without - in your everyday life and affairs.

This is true because the world without (the world of your objective affairs) reflects the circumstances and conditions of the consciousness within. If we find Wisdom within we shall have the understanding to discern the marvelous possibilities that are latent in the world within, and we shall develop the Power to make these possibilities materially manifest in the world without, in all our affairs.

As we become conscious of the Wisdom and Spiritual Power in the world within, we mentally take possession of this Wisdom. Having conscious possession we have the Power and Wisdom necessary to bring into manifestation all that is necessary for our complete and harmonious development. This is true because when we Know that All Power is from Within, we become conscious of our innate, inherent, inner Power, and proceed to make use of the conscious Power.

You may have noticed that those who fail to achieve, or who complain about conditions, are the ones who lack Knowledge of their own inner Power. This is why The Master suggested, "*Seek first the kingdom of God and His (Its) righteousness, and ALL these things (what things soever you desire) shall be added unto you.*" (as in Matthew 6:33)

The world within is the practical world in which men and women who Know their own innate, potential Mind-Power, generate courage, enthusiasm, confidence, trust and Faith, by which they "get in tune" with Infinite Intelligence, and develop the ability to "see" the vision and unfold the natural, practical skill to make the vision a reality.

Life is a process, an unfoldment. What comes to us in the world without is what we already possess in the world within. Our possession in the world within is of a dual nature. One being Omniscience and Omnipotence of Infinite Omnipresence with Which we are spiritually One. The other is the subconscious development which we ourselves have built up by impressive conscious thought, or education, or what we imagine we have learned, or know.

If we depend solely upon what we imagine we know, we can make use of only that limited development. When we learn to recognize and appreciate the Truth of our spiritual at-one-ment with Infinite Omnipresence, we shall Know that our Source of supply is unlimited. We have the ability and the right to draw upon and make use of this Infinite Wisdom and Power - for we are One with It. It is through our intuition that we become conscious of this knowledge.

All possession is based on consciousness; during unconsciousness we are unaware of any possession. All gain is the result of an accumulative consciousness. All lack and loss and limitation is the result of a scattering consciousness. Mental efficiency is contingent upon harmony; discord means confusion; therefore whoever would acquire Power to Be, and Do and Have whatsoever he may desire, MUST be, or Become, in harmony with the Natural Law of Cause and Effect.

We are related to the world without by the objective mind (consciousness). The brain is the organ of this mind and the cerebrospinal system of nerves puts us in conscious communication with every part of the body and with all others with whom we come in contact, as well as with

experiences with which we meet. This system of nerves responds to every sensation of sight, hearing, feeling, touch and smell. (or conscious senses)

When we think correctly these sensations are harmonious, pleasant. To achieve this, we must consciously control our thoughts, understand the Truth of Being and the effect of the Natural Law of Cause and Effect. Our thoughts should be harmonious and constructive, because they travel through the cerebrospinal nervous system to and throughout the body.

As a result we build strength, vitality and all constructive forces into the body; but it is through this same objective mind that all distress, sickness, lack, limitation and every form of discord and in-harmony is admitted into our life and affairs. It is, therefore, through the objective mind (consciousness) that, by wrong thinking, we become related to all destructive forces and experiences.

We are related to the world within by the Subconscious mind. The Solar Plexus is the organ of this mind; the Sympathetic system of nerves presides over all subjective sensations, such as love, joy, fear, emotion, imagination, respiration and all other of the subconscious phenomena. It is through the subconscious that we are connected with the Universal Mind, or Infinite Omnipresence, (or Omni-consciousness within) and brought into relation with the Infinite constructive forces of the Universe.

It is the co-ordination of these two Centers of our Being, and the understanding of their functions, which is The Great Secret of Life. With this Knowledge, we can bring the objective and subjective minds into conscious co-operation, and thus co-ordinate the finite and The Infinite. Our future is entirely within our control. It is not at the mercy of any capricious or uncertain, unknown external power.

The One Principle, or Infinite Consciousness, pervading the entire Universe, occupying and interpenetrating the Whole, or All, of existence; essentially the Same in Kind and Quality at every point of Its Presence. It is All-powerful, All-wise, and always Present. All thoughts and causes and things are Within Itself. It IS All in All. And, as Shakespeare wrote: "A rose by any other name would smell as sweet." Whether we designate The Supreme Infinite Presence-Power as God, or Jehovah, or Allah, or Buddha, or Krishna, or The Almighty, or by any other name, It remains The Infinite Omnipresence in Which "we live and move and have our Being."

There is but One Consciousness in existence in the Universe able to think, and when It thinks Its thoughts become objective things to It. As this Consciousness is omnipresent it must be present within every individual; each individual must be a manifestation of that omnipotent, omniscient, omnipresent Consciousness Which IS Infinite.

As there is ONLY One Consciousness in the Universe That is able to think, it necessarily follows that your consciousness is identical with The Universal Consciousness. In other words, All Mind is One consciousness that is centered in your brain cells is the Same consciousness Which is focused in the brain cells of every other living individual. Each individual Mind is but the individualization of the Universal, or Cosmic, Mind of Infinite Omnipresence.

The Universal Mind is static, or potential, energy. It simply Is! It manifests through the individual - and the individual can manifest only through the Universal. They are One. The ability of the individual to think is his ability to act upon, make use of, and direct the Universal Mind and so bring It into manifestation. Consciousness consists ONLY in the ability of the individual to think.

Mind in Itself is a subtle form of static energy from which arises the activity we call Thought, which is the dynamic phase of Mind. To put that another way: Mind is static energy; thought is dynamic energy - the two phases of the same thing. Thought, therefore, becomes the vibratory influence caused by converting static mind into dynamic mind.

Because the sum of all attributes is contained in the Universal Mind (or Mind of God) Which is omnipotent, omniscient and omnipresent, these attributes must be potentially present at all times in every individual. Therefore, when the individual thinks, the thought is naturally compelled to embody itself in an objectivity, or condition, which corresponds with its origin.

For this reason every thought is a Cause, and every condition is an effect of thought. You will see, then, how necessary it is that you control EVERY thought so as to bring into manifestation only desirable conditions.

All Power is from Within, and is completely under your conscious control. It comes into expression through exact Knowledge and by the voluntary exercise and expression of exact principles. When you acquire a thorough understanding of this Natural Law (Cause and Effect) and are able to control your thoughts, you can apply the principle to any condition; you will then have come into conscious co-operation with Natural (omnipotent) Law; and the Natural Law of Cause and Effect is the fundamental basis of all things and all conditions.

The mass of humanity live in the world without (the objective world). Very Few have discovered, or found, the world within (the subjective world). But it is the world within that makes the world without. The world within is, therefore, creative, and whatsoever you find in your objective world has been created by you in the subjective (subconscious) world within. (because of your habitual, predominant conscious attitude).

This Knowledge will lead you into a realization of Power Which will be yours to appreciate and express when you thoroughly understand this relation between the world without and the world within. The world within is the Cause; the world without is the effect. To change the effect you must change the Cause.

This, you see, is an entirely different idea than is usually practiced. Most people try to change effects and conditions in their lives and affairs by concentrating their attention on the conditions which distress them, hoping that in some way, through some external, unknown influence, the undesirable conditions will change for the better. They fail to realize that this is merely a process of making their distress more evident, for by mentally creating and re-creating the spiritual cause of existing conditions and creating new Causes of new distressing conditions, they are simply changing one form of distress for another. To eradicate, overcome and remove discord we must overcome the Cause by creating an entirely new and different Cause, and the Cause of any effect

or condition can be found only in the subjective, world within. Stop concentrating on, or giving attention to, what is distressing you. Concentrate on and visualize what you actually desire.

All growth and development is from within. This Truth is apparent in all Nature. Every plant, every animal and every human individual is a living testimony to this great Law of Cause and Effect. The seed sown in earth is a product of another plant. The seed placed in earth soon begins to germinate and by extension grows from within to become a plant. The animal, like the human body, is a seed sown in the organs of reproduction, and eventually becomes the animal, or man. *“As within, so without.”* Or, *“As above, so below.”* The error of the masses is, and always has been, in looking for strength or power from without.

The subjective, world within, is the Infinite, spiritual, Source of Supply, and the objective, world without, is the stream, or outlet for the manifestation of whatever has been mentally created within. Your ability to receive will depend upon your recognition and understanding of this Infinite Supply, or Infinite energy, of which every individual is an outlet and, therefore, one with every other individual.

This recognition is a conscious process of the individual mind acting upon the Universal Mind of Infinite Omnipresence. This is done through affirmations and positive affirmative prayer. Since the Infinite Omnipresence, or Universal Mind, IS the Intelligence pervading all space (omniscient, omnipotent and omnipresent) and animating All Life and All living things, this mental action and reaction is the apparent operation of the Law of Causation. The principle of causation does not obtain, nor originate, in the individual, but in the Infinite Omnipresence, or Universal Mind. It is not an objective faculty. It is a subjective process, and we see the results of this action and interaction in an infinite variety of experiences, effects and conditions.

Nothing can exist without mind; in order to express Life there MUST be Mind. Everything and All that exists is a manifestation of this basic Mind substance from which, and by which, all things have been created, are continually being created, and brought into manifestation. We live and move and have our Being in the Universal Ocean of this Infinite plastic mind-substance which is omnipresent. This Universal mind-substance is immutably alive and active, and sensitive. It takes form according to the mental demand, as is to be observed in the process we call visualization in concentration. Thought forms the mold, or pattern, from which this mind-substance expresses - which is why you are advised to make mental pictures of the object, or objective, of your desire, in perfect Faith.

This is also the principle of the admonition, shown in Matthew 6:8 - *“Your ‘Father’ knoweth what things you have need of, before you ask of Him.”* It is also the principle of The Master’s advice, to be seen in Mark 11:24 - *“...What things so ever you desire, when you pray, BELIEVE that you receive them, and you shall have them.”* (explained in an earlier Lesson of this Course of Training for Self-discipline, through Self Knowledge)

Remember, however, that to Know this Truth is not enough; it is in the application of the principles of this Knowledge that the value consists. A practical understanding of this Natural, or Infinite, Law (Cause the Effect) will change any life for the better. Any individual regardless of formal education, or lack thereof, can overcome poverty and enjoy abundance; can overcome

ignorance and enjoy the fruits of Wisdom; can substitute harmony for discord, and freedom from tyranny. Certainly there can be no more enjoyable blessings than these.

Think back on your earlier Lessons which thoroughly explained this principle and devote time enough and attention, once or twice each week during the month you will be reading this letter, to practicing the exercise then outlined. Select a room, or spot, where you can be alone, undisturbed. You may select a chair in your bedroom, or in any other room where you live, or even a bench in a park.

Sit erect, comfortably. Do not lounge. Let your thoughts consider what they will, or roam as they may, but BE PERFECTLY STILL for from ten to twenty minutes. Continue to practice this exercise twice each week during the month, and try to increase the time of your physical stillness to as much as one-half hour. You may find this difficult at first, or you may do it with ease; but it is absolutely necessary to secure complete control of your body, if you are to develop self-mastery. Remember, it is Your body you are seeking to control, so that you shall develop the ability to Become The High Priest in *“The temple of Your Holy Spirit, Which IS IN you; Which you have of God; for you are NOT your own.”* (1st Cor. 6:19)

See Revelation 3:20, 21, 22: *“Behold ‘I’ (The spiritual Occupant) stand at the door (of your consciousness) and knock; if any man hear ‘My’ VOICE (Intuition), and open the door, (to heed Infinite spiritual, subjective guidance) ‘I’ Will come in to him (rise into his consciousness from within) and will sup with him, (nourish him with spiritual food) and he with Me.*

(21) *“To him that overcometh (objective ignorance, fear, lack and limitation) will ‘I’ grant to sit with Me in MY throne, (of spiritual Intelligence and Power in the ‘kingdom of God within’) even as ‘I’ also overcame, and am set down with My ‘Father’ in His throne. (subjective Mind)*

(22) *“He that hath an ear, let him hear what the Spirit saith unto the churches.” (to the mortals whose bodies are their ‘temples’ of the Holy Spirit, or Identity, or Reality, or Ego, or Self, or living Soul, Which IS IN you)*

You are NOT a body! You, The Reality, or Spiritual Being, OCCUPY the body You are wearing, and there is, I think you will allow, a wide difference.

My good wishes and love are with you wherever you may be. Every day, during my Silence in communion with you and our world-wide Fraternity, I prayerfully affirm your good health, prosperity and happiness in well-being. May God love you as I do.

Have a wonderful November and celebration of the harvest, and may you think often of the beauty that surrounds you in your friends, family and your fulfilling life. I'd also like to thank YOU so much for your support, and kind thoughts.

Dr. Hugh G. Carruthers and
Rev. Ann B. Schmitt

P.S. I still have a few TSS Digests and Calendars available from Ghana if you are interested.